

SWEDISH OPEN TAEKWONDO CUP CHAMPIONSHIPS

6th DECEMBER – 8th DECEMBER 2019

STOCKHOLM

SWEDEN



INVITATION

PROMOTER

WORLD MARTIAL ARTS COUNCIL

Phone Hotline 07803178968

VENUE : Massvagen 1, 125 80 Alvsjo

<http://www.stockholmsmassan.se>

Weigh -in :

Friday, 6th December, 2019, 11am – 5pm, please be on time, **no exception!**

weigh – in, registration check and medical examination in:

Pre-registration

All teams must pre-register by mail to Annearmstrong456@aol.com In order to pre-register, country representative must report to the promoter a complete country registration team registration list with fighter and referees no later than 1st DECEMBER and pay not later than this date, starting fee in advance to:

All entry fees must be paid by 1st November 2019 £30.00 or £35 Euros per category entered.

Admission

Two participants in every weight category/discipline per country, everybody must show passport/ID before weigh-in in the sports hall. Participants without medical examination (or older than 12 month) will have compulsory to undergo an examination and will be charged standard Euro fees 35 EUR (except forms) Competitors under the age of 18 years must proof written parental permission to participate!

Accommodation & Hotels

Every registered president get on request the Hotel offers with equipment and reasonable prices. You must book your rooms compulsory solely directly by the organizers. If you need airport transfer for your team to Hotel, or if you want daily ground transportation for minimum 8 people Hotel to venue ask for rates! Last day of booking and money transfer November. When the payment has arrived on our account your reservation will be confirmed. Please contact for further requests like entry Visa, Airport shuttle and Hotel booking the promoter.

Scandic Hotels : www.scandichotels.com

Vanadis Hotell : www.vanadishotel.com

Connect Hotell Alvsjo : www.connecthotels.se

Transfers and ground transportation:

Airport transfer (round trip) for your team on request to the promoter

Daily ground transportation for your team from hotel to sports hall (round trip) during the championships on request to the promoter.

Last day of booking and money transfer 01/11/2019 payment after this date cannot be accepted!!!

Your reservation will be confirmed when your Hotel payment has arrived on above account. The payment is however not refundable. We would request a list of your complete team registration with fighter, referees and officials not later than 01/11/2019.

Schedule

06/12/2019	11.00 – 17.00	arrival of teams & registration
	11am – 5pm	WMAC sport pass check, weigh-in Medical examination, 5pm close.
06/12/2019	17.00 – 19.00	Referees Seminar and rules
	5pm – 7pm	meeting, for referees only. Team Coaches meeting one national Coach per country is welcome
07/12/2019	10.00 – 17.00	Grand opening ceremony, fights
	10 am – 5 pm	according schedule and Poomsae Sections with floor plan awarding Ceremonies
08/12/2019	10.00 – 17.00	Fights according schedule, and
	10 am – 5 pm	Poomsae sections with floor plan Awarding ceremonies
09/12/2019	departure	

AGE & CATEGORIES

Poomsae Section are as follows: Individual, Pairs & Teams

Age Group : Peewee 10 – 11 yrs Boys & Girls

Cadet 12 – 14 yrs Boys & Girls

Junior 15 – 17 yrs Boys & Girls

Youth 18 – 20 yrs Mens & Ladies

Under 30 yrs Mens & Ladies

Under 40 yrs Mens & Ladies

Over 41 yrs Mens & Ladies

Sparring Section are as follows:

Peewee as above: 29kg, 33kg, 37kg, 41kg, 45kg, 49kg, 53kg, 57kg

Cadet as above: 29kg, 33kg, 37kg, 41kg, 45kg, 49kg, 53kg, 57kg, 61kg, 65kg

Junior as above: 42kg, 45kg, 48kg, 51kg, 55kg, 59kg, 63kg, 68kg, 73kg, 78kg,
Over 78kg

Youth as above: 48kg, 55kg, 59kg, 63kg, 69kg, 73kg, 78kg, over 78kg

Under 30yrs as above: 46kg, 49kg, 54kg, 58kg, 63kg, 68kg, 74kg, 80kg, 87kg,
Over 87kg

Under 40yrs as above: 46kg, 49kg, 54kg, 58kg, 63kg, 68kg, 74kg, 80kg, 87kg
Over 87kg

Over 41yrs as above: 46kg, 49kg, 54kg, 58kg, 63kg, 68kg, 74kg, 80kg, 87kg,
Over 87kg

OFFICIAL WTF & ITF RULES APPLY

Please understand, without valid international license you can not be an official, judge, referee or supervisor. It's only allowed to enter one weight division in each category!

Each round of Sparring section will consist of 3 rounds of 2 mins with 1 minute rest in between each round.

The duration of each round may be adjusted to 1 minute x 3 rounds, 1 minute 30seconds x 3 rounds or 2 minutes x 3 rounds as above, or 2 rounds of 2 minutes for all preliminary bouts until finals, upon the decision of the Technical Delegate for the pertinent Championships.

- Flags & National Anthem: bring along on the day and 2 national flags
- Medals and Certificates will be awarded to the 1st Gold 2nd Silver For 3rd Bronze and 4th Place Category.

